

2019 ANNUAL REPORT 2020

Community Health Services Association (Regina) Ltd.



Community Health Services Association (Regina) Ltd.

Our Mission

We are a health co-operative providing integrated and comprehensive healthcare, social, and educational services to the Regina community.

Our Values

Respect

Member-Driven

Integrity

Excellence

Patient-Centric

Collaboration

Our Vision

Partnering co-operatively for a healthier community.

Engaging people to live healthier lives

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Message from the Board of Directors

The past year has been filled with both challenges and opportunities for our board of directors. We drew on everyone's strengths to work together. The board began working on strategic planning and policy development initiatives which unfortunately were delayed due COVID-19. These initiatives will be completed in the coming year to continue the success of the RCC.

We had long term employees retiring and that brought in several new faces. We are truly fortunate to have those employees reach these notable milestones at the RCC and are grateful for their many years of service. The Board of Directors is extremely proud of how our staff has managed and thrived during these strange, and unsettled times of COVID-19. We are not through it yet, but have thus far proven we are taking the proper actions and protocols to keep our RCC community safe.

One challenge the board has faced over the past three years was to bring stability to the Executive Director position. We look forward to changes that will bring continuity and strength back to RCC.

I would like to thank the board for their time and commitment to the clinic over the past year.

Lastly and most importantly, thank you to the employees of RCC for all your hard work and commitment during these unprecedented times. A very, very special thank you to Karen Vogel for stepping up and taking on dual leadership roles for an extended period of time. Karen did a remarkable job during these unpredictable times.

Andre Perras
Board Chair



Message from the Executive Director

In my short time at Regina Community Clinic I have come to realize the truth of its reputation. RCC has been ahead of its time in the provision of Primary Care and is uniquely poised to continue the good work it has been doing for the past almost 60 years. As a Registered Nurse and former Director of Primary Health Care with the Saskatchewan Health Authority, it is clear to me that Regina Community Clinic embodies not only the vision of the founding fathers but also the Ministry of Health and the SHA.

As we move through system transformation with our health partners and honoring the strategic direction of our Board, we have an opportunity to move from good to great and create a center of excellence incorporating the framework of the Patient's Medical Home and a multidisciplinary team of professionals to best serve the needs of the clients/patients/families within the community at large. We will continue to integrate and Electronic Medical Record and IT transformation that supports this work and further define who we are through efficient use of resources and collaboration.

I am humbled and excited to start this work with a phenomenal team of providers and health professionals in collaboration with all those who trust in Regina Community Clinic. The weeks, months, and years ahead will be challenging and wholesome but will be with one vision in mind, "Partner cooperatively for a healthier community" using our guidepost values and the principles of Primary Health Care to provide the right care at the right time by the right provider to the people we serve.

Leah Clement
Executive Director



Message from the Medical Co-ordinator

At the time of this writing, the world continues to be consumed by the ongoing SARS CoV2 Pandemic. We watched the story unfold in China in January, and I admit it seemed very far away. It became suddenly apparent this was a very serious threat to all of us when it spread rapidly in Italy and Spain. Saskatchewan announced our first case on March 12 2020. On that same day the province cancelled the Juno awards set to occur on March 15. On March 13 at RCC, we started cancelling patients for the following week to shift to a new way of working.

We have rapidly responded to the Pandemic, keeping pace with frequently changing recommendations, and sometimes implementing things prior to official recommendations. All physicians were receiving multiple emails per day from the SHA, the SMA, the College of Physicians and Surgeons, and our Department of Family Medicine. It felt like a full time job keeping up with the moving target the provincial pandemic response presented. We also followed closely what was happening around us in other provinces, learning from physician colleagues there. I am so grateful to have such a great team to work with at RCC. Everyone has worked so hard through very stressful times with the same goal of keeping patients and each other safe while still providing care.



Saskatchewan has done an excellent job in its response to the Pandemic and fortunately, we have flattened our first curve. The outbreak in the north currently seems to be under control. What does our future look like? Our ability to provide virtual care, and have this be recognized as one way to legitimately care for patients has quickly become a reality. Technology requirements continue to advance. Reduced lab and imaging service availability has required us to be very mindful in our investigation ordering. Most importantly our patients need to know we always continue to be here for them. My hope is that we continue to be leaders in delivering comprehensive care while navigating this unprecedented situation.

Robin McMaster, MD CCFP FCFP
Medical Coordinator

What is a Co-operative (Community) Clinic?

One question the Clinic receives has to do with our name: what's the difference between a "community clinic" and any other medical practice?

Legally the Clinic is registered as the Community Health Services Association (Regina) Ltd. It is one of four [co-operative](#) health centres in the province. The Saskatoon Community Clinic, Wynyard Community Health Centre and Prince Albert [Co-operative](#) Health Centre make up the other three clinics in Saskatchewan.

As a [co-operative](#), the Clinic is member-owned and run by an elected (volunteer) Board of Directors with an Executive Director overseeing the day to day operations.

The Clinic is a not-for-profit health organization, receiving its funding through public tax revenue and charitable donations, such as the Clinic's own growth fund. A private medical clinic, for instance, is typically operated by a single owner, and is profit-oriented with doctors receiving wages via "fee-for-service." The Clinic's staff physicians, on the contrary, are paid a salary and provide services based on scheduled times.

What truly makes the Clinic special is its approach to wellness. Focusing on a collaborative and holistic model that seeks to not only diagnose and prescribe treatment options, the Clinic provides a number of programs to tackle underlying issues that might be present with an emphasis on preventative health solutions. Some of the in-house healthcare programming include: Be Body Positive, Hans Kai, Kids' Active Living and Cooking Class, Osteoporosis Exercise Class, Diabetic Instruction, Armchair Grocery Tour, Introduction to Fitness, various FASD support programs, a women's refugee wellness group, public education presentations and more.

Facilitating these programs and delivering our brand of comprehensive care all under one roof are doctors, nurse practitioners, nurses, clinic assistants, medical records staff, medical stenographer, receptionists, lab technicians, x-ray technicians, counsellors, nutritionists, an exercise specialist, a program and communication coordinator, and more.



Celebrating 25 years at



Our first home - 2363 McIntyre Street



Expansion plans included a new Regent Park clinic facility

1962

1963

1965

1966

Original Staff

Administration
1 Janitor
1 Medical Stenographer
1 Administration
Medical Group
Five to six doctors

October 6 / 63

April 2 Grand opening of Regent Park clinic, 3765 Sherwood Drive



An anniversary is time to celebrate the joys of today, the memories

1106 Winnipeg Street!



In May our operating name changed from Community Health Centre to Regina Community Clinic

1980



The Clinic moved to 1106 Winnipeg Street

1995



Executive Director
Margaret Fern

Board of Directors

Nial Kuyek – President	Myrna Knight
Arlene Franko	Doug Kovatch
Ingram Bevan	Ede Leeson
June Blau	Tom Simmonds
Arlene Goulet	Joyce Spencer
Elizabeth Ivanochko	Adrien Tartarinoff

of yesterday, and the hopes of tomorrow. Happy 25th Anniversary.

Q&A's with Bev Brooks,

What made you decide to become a pharmacist?

My first job as a teenager was at White Cross Drugstore in Regina and I used to help the pharmacist fill prescriptions. I admired how much trust and respect the patients had of the pharmacist.

Was there a teacher, professor or mentor who had any influence on you?

Dianne, my first boss, and pharmacist. And, Mr. Ebenal – my guidance counsellor in high school.

Why are you passionate about pharmacy?

I care deeply about people and I feel, as a pharmacist, I have the opportunity to make a difference in the health care of my patients.

What is your favorite part of your job?

Getting to know my patients so they trust us to provide them with the pharmaceutical care they deserve.

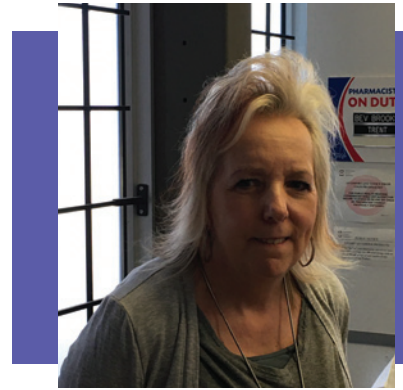


Thank you to Bev in

Pharmacist

What is your most cherished moment working as a pharmacist?

Honestly, being given the opportunity to open and create Winnipeg Street Pharmacy from the beginning is my most cherished moment. Having celebrated a 10 year milestone at the clinic was quite humbling for me. In the early years I wasn't sure we'd make it.



Who are the other staff in your pharmacy?

I work with Trent, a full-time pharmacist, and Nikita, a full-time pharmacy assistant.

What do you like to do in your free time?

Spend time with Fraser, our friends, and family when we can. Some would say I'm a professional shopper.

Is there anything you would like to do or accomplish in your life that you haven't yet done?

I hope to someday be able to have the time and energy to give back, and volunteer to help those less fortunate in our community.

Any advice for young women who aspire to be pharmacist and/or business owners?

The only advice I would say – if you have a desire or aspiration to do something in life – go for it. I truly believe if there is a will there is a way. Never give up – as a door closes – a window opens.

supporting us in COVID-19. We consider you a valuable partner in healthcare!

What's New?

Positions:

Manager / FASD / Community Services
– Cheryl Charron
Program and Communication Coordinator
– Katherine Lyseiko
Health Information Management Practitioner
– Stephanie Goodwin
Computer Systems Coordinator
– Armaan Dogra
Administration Assistant (Confidential),
Out of Scope – Tammy Pinon

Places:

(Clinic & Physical Enhancements)

Bea Harding Room
Executive Director's Office
Dr. Davis' Office
Program and Communication
Coordinator's Office
Heather Davidson's Office
Lifestyles Department
Medical Records

Physicians:

Dr. Shannon Starr Davis
Dr. Erin Selzer
(Maternity Leave)
Dr. Asma Gargoum
(locum)

INDEPENDENT AUDITORS' REPORT ON THE SUMMARY FINANCIAL STATEMENTS

**To the Members,
Community Health Services Association (Regina) Ltd.**

Opinion

The summary financial statements, which comprise the summary statement of financial position as at March 31, 2020, the summary statements operations, changes in net assets and cash flows for the year then ended, and related notes, are derived from the audited financial statements of **Community Health Services Association (Regina) Ltd.** for the year ended March 31, 2020.

In our opinion, the accompanying summary financial statements are a fair summary of the audited financial statements, which were prepared in accordance with Canadian accounting standards for not-for-profit organizations.

Summary Financial Statements

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the audited financial statements and the auditor's report thereon.

The Audited Financial Statements and Our Report Thereon

We expressed an unmodified audit opinion on the audited financial statements in our report dated May 28, 2020.

Management's Responsibility for the Summary Financial Statements

Management is responsible for the preparation of the summary financial statements based on the audited financial statements prepared in accordance with Canadian accounting standards for not-for-profit organizations.

Auditor's Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are a fair summary of the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standard (CAS) 810, *Engagements to Report on Summary Financial Statements*.

May 28, 2020
Regina, Saskatchewan

VIRTUS GROUP LLP
Chartered Professional Accountants

Community Health Services Association (Regina) Limited

Summary Statement of Financial Position			
March 31, 2020 with comparative figures for 2019			
	2020		2019
Assets			
Current assets	\$	573,200	\$ 673,299
Investments		1,588,148	1,560,380
Capital assets		97,929	70,785
	\$	2,259,277	\$ 2,304,464
Liabilities and Deferred Contributions			
Accounts payable and accrued liabilities	\$	276,979	\$ 396,778
Deferred contributions - expenses of future periods		3,943	17,993
Net Assets			
Externally restricted fund - Health Funded Surplus		453,086	451,505
Invested in capital assets		97,929	70,785
General funds: Growth Fund		155,352	154,128
Sponsorship Capital *		-	44,661
Unrestricted reserve		1,271,988	1,168,614
	\$	2,259,277	\$ 2,304,464

*The Sponsorship Capital fund purchased X-Ray Imaging machine in 2020 (Hematology machine in 2019).

Summary Statement of Operations			
Year ended March 31, 2020 with comparative figures for 2019			
	2020		2019
Revenues			
Externally restricted fund	\$	4,770,883	\$ 4,755,454
General funds*		290,518	293,594
		5,061,401	5,049,048
Expenses			
Externally restricted fund	\$	4,762,519	\$ 4,734,584
General funds*		210,220	206,841
		4,972,739	4,941,425
Excess of revenues over expenses*	\$	88,662	\$ 107,623

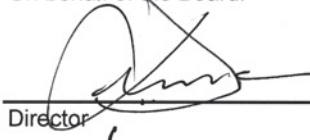
* General funds includes the Growth Fund, Sponsorship Capital, unrestricted reserve, and amortization of capital assets

Summary Statement of Growth Fund Operations			
Year ended March 31, 2020 with comparative figures for 2019			
	2020		2019
Revenues	\$	10,925	\$ 13,084
Expenses		9,701	12,490
Excess of revenues over expenses	\$	1,224	\$ 594
Transfer to Unrestricted reserve		-	-
Total Growth Fund transactions during the year	\$	1,224	\$ 594

Note 1:

The summary financial statements are derived from the audited financial statements, prepared in accordance with Canadian accounting standards for not-for-profit organizations. Management has prepared these financial statements to represent a fair summary of the audited financial statements. Detailed audited financial statements are available to members upon request.

On behalf of the Board:


Director


Director

The ultimate measure of a man is not where he stands in moments of comfort and convenience but where he stands in times of challenge and controversy.

- Martin Luther King Jr.





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