



Community Health Services Association (Regina) Ltd.

BOARD CONTACTS AND COMMITTEE MEMBERS

2025-2026

(Updated: December 2, 2025)

Finance and Audit Committee	Governance and Human Resources Committee	Member and Community Engagement Committee	Building Committee	Executive Committee
Brenda Watson, Treasurer and Chair	Penny Anderson, Secretary and Chair	Don Savaria, Chair	Chair	Marj Gavigan, President and Chair
Marj Gavigan, President Ex Officio	Marj Gavigan, President, Ex Officio	Marj Gavigan, President Ex Officio	Marj Gavigan, President Ex Officio	Karen Smith, Vice-President
Karen Smith, Vice-President	Karen Smith, Vice-President	Brenda Watson, Treasurer	Karen Smith, Vice-President	Brenda Watson, Treasurer
Penny Anderson, Secretary	Wayne Hellquist, Director	Wayne Hellquist, Director	Brenda Watson, Treasurer	Penny Anderson, Secretary
Wanda Posehn, Director	Eric Horbal, Director	Eric Horbal, Director	Wayne Hellquist, Director	
	Ingrid Uhryn, Director	Wanda Posehn, Director	Wanda Posehn, Director	
		Sharon Lyons – M.A.L.		
		Terry MacDonald – M.A.L.		
		Wanda Matravolgyi – M.A.L.		
		Ron Podbielski – M.A.L.		
		Bryan Tudor – M.A.L.		

Director Name	Term Expires	Address	Phone	Email
Penny Anderson, Secretary	2028	7-2302 Cornwall Street Regina, SK S4P 2L3	c-306-537-2723	Vinnie.corbett@gmail.com
Marjorie Gavigan, President	2026	6001 Koep Avenue Regina, SK S4X 0H5	c-306-550-3949	Marj.gavigan@sasktel.net
Wayne Hellquist, Director	2028	P.O. Box 1462 Fort Qu'Appelle, SK S0G 1S0	day-306-539-3599 evening-306-539-3699	wayne@future-quest.ca
Eric Horbal, Director	2027	5206 Boswell Crescent Regina, SK S4X 4S4	c-639-590-4835	ehorbal@sasktel.net
Wanda Posehn, Director	2027	1221 Jubilee Avenue Regina, SK S4S 3S7	c-306-570-4644	wposehn@outlook.com
Don Savaria, Director	2026	113 Davidson Crescent Regina, SK S4S 4T2	c-306-502-1960	don@savariapr.ca
Karen Smith, Vice-President	2027	5 Park Place Buena Vista, SK S2V 1A8	c-306-527-5426	kls@myaccess.ca
Ingrid Uhryn, Director	2026	3003 Wimbeldon Drive Regina, SK S4V 2Y2	c-306-540-5170 w-306-337-1062	iuhryn.plains@housingauthoritiesk.com
Brenda Watson, Treasurer	2028	89 Haynee Street Regina, SK S4R 1P8	c-306-570-7028 w-306-789-6946	bwatson@bakerwatson.ca

Members-at-Large	Address	Phone	Email
Terry MacDonald – MCRC	-	-	hithereterry@gmail.com
Sharon Lyons – MCRC	-	-	sll75@me.com
Wanda Matravolgyi – MCRC	-	-	Wanda.matravolgyi@scotiawealth.com
Ron Podbielski – MCRC	-	-	Podmartin2013@gmail.com
Bryan Tudor – MCRC	-	-	Bryantudor89@gmail.com



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2025-2026 Directors Terms of Office			
DIRECTOR	ELECTED	TERM	TERM EXPIRES
Marjorie Gavigan	2023	3-year	2026
Don Savaria	2023	3-year	2026
Ingrid Uhryn	2023	3-year	2026
Eric Horbal	2024	3-year	2027
Wanda Posehn	2025	2-year	2027
Karen Smith (final term)	2024	3-year	2027
Penny Anderson	2025	3-year	2028
Wayne Hellquist	2025	3-year	2028
Brenda Watson	2025	3-year	2028

Cooperators Delegates	Name	Term Expires
Delegate	Penny Anderson	4/30/26
Delegate	Dawn Martin	4/30/27
Alternate	Uche Omosigho	4/30/26
Alternate	Karen Smith	4/30/27

Access Communications Delegate	Name	Term Expires
Delegate	Wayne Hellquist	Until replaced by RCC (as member organization)
Operational Delegate	Dawn Martin	Until replaced by RCC (as member organization)

MANAGEMENT TEAM			
NAME AND TITLE	PHONE	FAX	EMAIL
Dawn Martin Executive Director	w-306-205-5571 (direct) w-306-543-7880 Ext. 2246 c-306-550-9990	306-205-6508	dmartin@reginacommunityclinic.ca
Dr. Joan Hamilton Medical Coordinator (Sept. 1 – Nov. 30, 2025) (Mar. 1 – May 31, 2026)	w-306-205-7405 (direct) w-306-543-7880 Ext. 2255	306-205-6508	jhamilton@reginacommunityclinic.ca
Dr. Anne Kavulu Medical Coordinator (Dec. 1, 2025 – Feb. 28, 2026) (Jun. 1 – Aug. 31, 2026)	w-306-205-6517 (direct) w-306-543-7880 Ext. 2302	306-205-6508	akavulu@reginacommunityclinic.ca
Kris Dutchak Director of Health Programs and Services	w-306-205-6687 (direct) w-306-543-7880 Ext. 2233 c-306-527-6977	306-205-6508	kdutchak@reginacommunityclinic.ca
Uche Omosigho Finance Manager	w-306-205-0671 (direct) w-306-543-7880 Ext. 2199 c-306-471-0219	306-205-6508	uomosigho@reginacommunityclinic.ca
Crystal Semple Administrative Operations Manager	w-306-205-6508 (direct) w-306-543-7880 Ext. 2240 c-306-563-3058	306-205-6508	admin@reginacommunityclinic.ca csemple@reginacommunityclinic.ca
Bev Liski Executive Assistant (Confidential)	w-306-205-7411 (direct) w-306-543-7880 Ext. 2239 c-306-536-7277	306-205-6508	admin@reginacommunityclinic.ca bliski@reginacommunityclinic.ca